

## COFFEE | ESPRESSO | TEA

Proudly Serving Chicago's Own Metropolis Coffee

CLASSICS	CLASSICS+	SPECIALTY LATTES	SPECIALTY ICED	ICE CREAM AFFOGATOS
drip	matcha latte	cardamom lavender latte	mint cold brew	vanilla ice cream topped
cold brew	chai latte	rose lavender latte	coconut cold brew	w/ espresso \$5.99
café au lait	dirty chai latte	rose pistachio latte	green tea lemonade w/ mint	vanilla ice cream topped
espresso	mocha	lavender latte	arnold palmer	w/ matcha & ginger \$6.99
cappuccino	lavender london fog	s'mores latte	classic black iced tea	
americano		almond joy latte	citrus green iced tea	
cortado		maple latte	peach black iced tea	
latte		nutella latte	passionfruit green iced tea	

## SMOOTHIES | SHAKES

20oz \$9.25, 12oz \$7.25

GREEN SMOOTHIES		FRUIT SMOOTHIES		PROTEIN SHAKES	
<b>KALE BANANA</b> kale, pineapple juice, coconut water, banana, avocado, mint	<b>KALE ME MAYBE</b> kale, orange juice, coconut water, banana, strawberries, avocado	<b>IMPEACHMINT</b> peaches, strawberries, peach nectar, agave nectar, fresh mint leaves	<b>MANGO BLAST</b> mango, strawberries, mango juice, banana, flax seed, cayenne	<b>PB&amp;J</b> peanut butter, banana, strawberries, almond milk, chocolate whey	<b>POWER KICK</b> cold brew, peanut butter, banana, cinnamon, almond milk, van. whey
<b>GINGER SPICE</b> spinach, pineapple juice, coconut water, banana, ginger, cayenne		<b>BLUEBERRY COCONUT</b> blueberries, coconut milk, banana, fresh mint, chia seeds, agave		<b>STRAWBERRY SHORTCAKE</b> strawberries, greek yogurt, almond milk, banana, vanilla whey	

**superfoods:** wheatgrass, spirulina, hemp, cacao nibs, chia, flax | **protein:** chocolate or vanilla whey, or vanilla vegan | espresso shot +.75

## BREAKFAST SANDWICHES

- EGG N CHEESE** egg\* & cheddar on an english muffin \$5.75
- EGG N SAUSAGE** egg\*, sausage & cheddar on english muffin \$6.75
- WAKEY WAKEY** egg\*, bacon, & gouda on an english muffin \$6.75
- TENZING NORGAY** egg, smoked bacon, ham, muenster on english muffin \$6.75
- GOUDA & EGG** egg, bacon, gouda, cream cheese on english muffin \$6.75
- NORDALBINGIA (v)** egg\*, gouda, & tomato on english muffin \$6.75
- DANIEL TAMAYO (v)** vegetarian chorizo-style seitan, egg\*, red onions, & pepper jack on sourdough \$6.75

## BREAKFAST TACOS

2 for \$6.75

bacon, egg, cheddar or vegetarian chorizo, egg, pepper jack

## BAGELS

plain, everything, cinnamon raisin, blueberry

**W/ SPREAD \$4.50**

cream cheese, butter, jelly, or peanut butter

## SANDWICHES

*served with chips*

- TURKEY PESTO** smoked turkey, swiss, baby spinach, & basil pesto on ciabatta \$11.35
- THE MAE WILSON** smoked turkey, applewood bacon, sharp cheddar, lettuce, avocado, & chipotle mayo on wheat 11.35
- THE GODFATHER** smoked prosciutto, fresh mozzarella, baby spinach, housemade candied tomatoes, fresh basil & balsamic glaze on french 11.35
- FREAKIN VEGAN (vegan)** peanut tofu, pickled red onions, baby spinach & sriracha on pretzel bun 11.35

## PANINIS

*served with chips*

- GRILLED CHEESE** cheddar, gouda, muenster, tomato chutney on sourdough 11.35
- PIG ON A PRETZEL** ham, muenster, pickles, & honey mustard on pretzel bun 11.35
- GIFT OF THE ARMANDO MAGGI** smoked turkey, brie, homemade tomato chutney, & curry mayo on a ciabatta bun 11.35
- DON'T TELL TAL** polish ham, applewood smoked bacon, goat cheese, sharp cheddar, tomatoes, & giardiniera on french 11.35
- SEITANIC VERSES (vegan)** vegetarian chorizo-style seitan, tomatoes, cucumbers, and housemade muhammara on sourdough 11.35

**GLUTEN-FREE BREAD +\$1.50 - BACON +\$2.00 - EGG\* +\$2.00**

**DELIVERY NOW AVAILABLE AT TRUENORTHCHICAGO.COM**

\*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.